Ottawa metro

If a fan was into your team because it had a racially flagrant name, then maybe that's not the fan you want.

VICKY MOCHAMA ON RACISM IN SPORTS
metroVIEWS

Your essential daily news | WEDNESDAY, OCTOBER 19, 2016

High 18°C/Low 10°C Sunny

Meat Press owner Etienne Cuerrier
MARK HOLLERON/OTTAWA BUSINESS JOURNAL

MEAT *the* PRESS

... if you haven't already. Hintonburg shop celebrates one year of serving up locally sourced lunch metroNEWS

'Disgraceful' student event cancelled

UNIVERSITY OF OTTAWA

Pub crawl reportedly encouraged sexual acts by participants

An event that reportedly saw students at the University of Ottawa encouraged to perform lewd acts in exchange for points has been cancelled indefinitely as organizers apologized to anyone who was "negatively affected" by the experience.

The school's Science Students' Association, which hosted the so-called Vet's Tour earlier this month, called the event "ill-conceived" and "wrong," adding it "unconditionally condemns" any actions, attitudes and discourse that contribute to, promote or normalize sexual violence and rape culture on campus.

The university itself also denounced the event, in which it said some students were "encouraged to behave disgracefully," and said the incident is a reminder that sexual violence is a societal problem.

The statement from the university came after its French-language student newspaper published a report on a pub crawl where students were allegedly encouraged to rack up points by carrying out a list of activities, such as taking off their clothes and having sex with event judges.

The newspaper reported that the event has been a tradition for many years and many participants are involved in student politics.

It also quoted a past participant who said she signed up thinking it was just a regular pub crawl only to find herself pressured to take off her clothes and be groped by a teammate.

A source reportedly told the paper the event's slogan has long been "It's not peer pressure, it's just your turn."

The Science Students' Association apologized to anyone who "felt unsafe or pressured to do anything at any of our events."

The university, meanwhile, called on the campus community to help change what it called "such disgraceful behaviour" and stressed it has policies in place to prevent sexual violence.

THE CANADIAN PRESS

Prime Minister Trudeau

YOU SAID YOU'D BE DIFFERENT.

Justin Trudeau The Platform

Liberal

"I have a fundamentally different view than Stephen Harper of our public service. Where he sees an adversary, I see a partner. I believe that in order to have a public service that is valued by Canadians, and a source of pride for its members, it must be valued by its government. That begins with – and necessitates – respecting the labour rights of public servants, and trusting in their ability to provide effective, independent, and professional services for Canadians."

Justin Trudeau
Open Letter to Public Servants
September 25, 2015

After 10 years of Harper government cuts, Justin Trudeau said he'd fix public services and repair the relationship with the workers who deliver them.

It's been a year since the election and we're still waiting.

The tone has changed, but now it's time for action.

Canadians are counting on us.

MAKE GOOD ON YOUR WORD.

PSAC AFPC

Public Service Alliance of Canada
Alliance de la Fonction publique du Canada

metro NEWS

Your essential daily news

Ecuador has 'temporarily restricted' Julian Assange's internet access. **World**

1 People soak in the sun at Mooney's Bay Beach during a August 2015 outing. JUSTIN TANG/THE CANADIAN PRESS

2 People keep cool at Mooney's Bay Beach during an August 2015 heat wave in Ottawa. JUSTIN TANG/THE CANADIAN PRESS

3 A City of Ottawa lifeguard keeps an eye on swimmers at Mooney's Bay Beach on Sunday, Aug. 16, 2015. JUSTIN TANG/THE CANADIAN PRESS

4 Dragon Boat racers near Mooney's Bay. CONTRIBUTED

Mooney's Bay gets raw deal

INFRASTRUCTURE

City excludes waste upgrade from plans, says councillor

Emma Jackson
Metro | Ottawa

The chance to finally flush out Mooney's Bay's bathroom issues may be going down the drain.

River ward Coun. Riley Brockington complained at environment committee Tuesday that the park pavilion's "antiquated" wastewater system wasn't included on the city's list of 41 priority water and sewer projects to be submitted for federal and provincial funding this month.

Toilets at the pavilion, which houses the privately-run Baja Grill as well as city-owned public washrooms, can't keep up with demand during busy beach days.

Getting water to the pavilion is easy — it runs downhill — but it's incredibly energy-intensive to pump wastewater back up to the main line on Riverside Drive, Brockington said.

Often, during events like the Dragon Boat Festival or Hope Beach Volleyball, the washrooms must be closed entirely.

> **A city facility should be able to provide basic services.**
> Coun. Riley Brockington

The issue has been known for years, yet the $1-million project didn't make the list while more than $3 million in lighting upgrades did, Brockington said.

"I have a big issue when we say lighting system upgrades in water plants or other facilities take greater priority over providing washroom access at one of the city's largest parks," Brockington told staff. "A city facility should be able to provide basic services."

Through the federal Clean Water and Wastewater Fund, Ottawa is eligible for about $69 million in federal and provincial funding, covering 75 per cent of project costs. The city would be on the hook for the remaining 25 per cent, about $23 million.

But a main facet of the program is that submitted projects must be completed, at the very latest, by March 2019. The Mooney's Bay project isn't there yet, said city asset manager Kelly Martin.

Brockington said staff should have worked harder to get the project ready so it could take advantage of the funding.

"The city knew that if the Liberal government was elected there would be … funding," Brockington said. "I'm just disappointed that we knew this was coming and we weren't ready for it."

Brockington asked staff to identify the list's lowest $2 million in priorities before council decides Oct. 26. He's contemplating an amendment to try and add Mooney's Bay to the list.

ALGONQUINS OF ONTARIO

Land claim agreement signed

The Algonquins of Ontario and the federal and provincial governments have signed an agreement in principle involving lands in eastern Ontario.

The agreement is a step toward resolving a centuries-old land claim that covers 36,000 square kilometres of land.

The Ontario government says the non-binding agreement in principle paves the way for continued negotiations toward a final agreement that will define the ongoing rights of the Algonquins of Ontario to lands and natural resources in the area.

The Algonquins first petitioned for a treaty in 1772 and negotiations began in 1991, but fell apart a decade later.

The agreement in principle was announced in June 2015 and the Algonquins voted earlier this year to support the proposal.

The settlement would give the Algonquins of Ontario $300 million in funding from Canada and Ontario and not less than 47,550 hectares of provincial Crown lands would be transferred to Algonquin ownership.

"The signing of the agreement in principle today marks a critical step forward in a journey that began almost 250 years ago," Robert Potts, of the Algonquins of Ontario, said Tuesday.

If the negotiators are successful in achieving a final agreement, it will have to be approved by Algonquins of Ontario voters in a ratification vote and then by the Ontario Legislature and Parliament of Canada. THE CANADIAN PRESS

Neighbours decry plan

WESTBORO

Residents worry 13-unit building will 'ruin' area

Residents in the area of 404 Eden Ave. say replacing a single family home with a 13-unit, four-storey-tall apartment building would "ruin the neighbourhood." They made that argument at a recent public meeting.

Eden Avenue is a one-way street between Richmond Road and Byron Avenue in Westboro. The plan would require the city to pass a zoning change or exemption to allow for extra density. Currently, maximum density allows for a triplex.

The design of the proposed development at 404 Eden Ave. This illustration shows the permitted heights of neighbouring properties. COURTESY FOTENN PLANNING AND DESIGN

According to Brian Casagrande, a principal a for Fotenn, a development firm, the building will provide a transition from the development on the corner to the single-family home next door.

"This is not what I signed up for 24 years ago," Tammy Stewart said during the meeting. Stewart lives in the house located right beside the proposed apartment building.

"What does that do to the rest of the neighbourhood? What happens if everyone with a piece of property builds something like that and ruins the neighbourhood?" she said.

> **What does that do to the rest of the neighbourhood?**
> Tammy Stewart

Casagrande reminded residents each of them have the right to build a similar development on their property or one that fills out the site even more than the one proposed.

A few changes were presented during the meeting, including a greater setback from the avenue, more amenity space and a reconfigured access to the property from the neighbouring Elvis Lives Lane.

But putting more traffic on the lane, would reinforce its function, said Casagrande, meaning some of the current issues of people blocking the lane would have to stop.

Jordan Tannis, the owner of the site, reminded residents the lane would be widened for increased functionality.

Residents also raised concerns about the precedent such a zoning change would create for future developers.

"What makes Westboro great is the exceptional backyards," Toompuu said, adding residents can walk to a main street.

"It seems like they are taking something massive and shoving it into this spot on the shortest street in Ottawa that people live on," he said.

Kitchissippi Coun. Jeff Leiper said he is opposed to the project and was hoping to see the proponent reduce the number of units.

MELISSA MURRAY / METROLAND MEDIA

BUSINESS

Bridgehead coffee shop for Kanata in works

Bridgehead is brewing plans for a shop in north Kanata.

The company is seeking to construct a standalone one-storey building on the south end of the existing Kanata Mews lot, across from the Metro grocery store.

The Kanata Mews development has two, two-storey buildings in its complex and houses a pharmacy, home building store, a pub and a crepes and café,.

Bridgehead submitted a site plan application to the city on Oct. 4 for a 370 square-metre, three unit building with an outdoor patio area.

"The exterior design of the building will be inspired by Bridgehead's standard elevations with features including prefinished charcoal and dark cherry panels, slim-line canopies and high windows," says the proposal summary.

The coffee company will be the prime tenant; no other business names have been put forward for the two rental units.

The city's target date for a decision on the application is Nov. 19. JESSICA CUNHA/ METROLAND MEDIA

INDEPENDENT POLICE OVERSIGHT REVIEW

Concerned about police accountability?

We want to hear from you. Conducted by the Honourable Justice Michael H. Tulloch, this review includes the **SIU**, **OIPRD** and the **OCPC**; organizations that oversee police conduct.

Come and have your say:

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6:00 - 8:00pm

Dinner served at 5:00pm.

Live stream available from our site
www.policeoversightreview.ca

If you require accessibility accommodations, email us at info@policeoversightreview.ca

RENTAL HOUSING

Apartment expansion panned

A proposal to expand the Norberry Residences apartment complex recently received a thorough drubbing by several tenants and neighbouring homeowners.

Many of the estimated 100 people who packed the Hunt Club-Riverside Park Community Centre recently to discuss the proposal were flat-out against the plan to bump up the four-building, 761-unit complex with three more buildings for a total of 959 rental units.

The plan also calls for scaling back tenant and visitor parking spots.

"Who agrees with this proposal right now? If you want to kill this right away clap your hands, stand up, do something," Norberry tenant Patrick Rheaume said, drawing applause. "There's your answer, right there.

"For me it's the principle. This area is a precious diamond in the rough of Ottawa," Rheaume said of the Mooney's Bay area. "They need to actually renovate those buildings (at the current site) before they even think of doing anything of that nature.."

Paul Lumsden, a longtime Springland Drive homeowner, blasted the project for being a cash grab and criticized the public meeting as a sales pitch.

"Why are we doing this? Are the people lying in the streets looking for a place to live? They want to make a profit."

When another local resident asked officials what is driving the project, planning consultant Lloyd Phillips said the Norberry apartments are aging and there is an opportunity for additional housing, but that the site's configuration has presented many challenges.

Development firm GreatWise Developments, which is owned by Toronto-based GS Regal (as is Norberry Residences), is now setting its sights on adding three five-storey buildings at the perimeter of the property rather than in the middle.

"The benefit of this way of thinking is we increase green space, develop on land which is currently a parking lot and create an edge to the street, which is more in keeping with residential development and the scale of development," said architect Rod Lahey.

No applications have been filed with the city yet, but city planner Melissa Jort-Conway said the proposal would require the approval of a site plan control as well as a minor zoning bylaw amendment.

Depending on when those are approved, construction on the first apartment building could begin in two years, and, pending its success, the next two buildings could be added in phases, said Phillips.

The first structure would take about 14 months to construct, Lahey said.

River ward Coun. Riley Brockington, who acknowledged the project was met with a "cool reception" at the meeting, urged attendees to submit comments to his office within the next two weeks as he wants to meet with project officials before the applications are filed.

"It's easier to make changes now than when the formal application goes in," he said.

> **For me it's the principle. This area is a precious diamond in the rough of Ottawa. They need to actually renovate those buildings.**
> Norberry tenant Patrick Rheaume

ERIN MCCRACKEN / METROLAND MEDIA

Teach teens safe driving: Officer

ROAD SAFETY

Young drivers suffer most injuries on Canada roads

Emma Jackson
Metro | Ottawa

Every interaction with a teen driver is a teachable moment, says Ottawa police traffic Sgt. Eddy Yeoumans.

Just last week, he stopped a truck-full of high schoolers because they weren't wearing seat belts.

But instead of a ticket, he offered some perspective.

"I said to the driver, 'How would you feel if … you killed or injured one of these people?'" said Yeoumans. "The five minutes interaction I had with them was much better than giving them a ticket."

"We've got to try to get them early."
Sgt. Eddy Yeoumans

This week is National Teen Driver Safety Week. According to Transport Canada, young drivers aged 15 to 24 suffer the most injuries of any other age group — and the injuries tend to be worse. In 2014, the group suffered 2,100 serious injuries on the road, and 340 people were killed.

Yeoumans said speeding, drinking, distracted driving and not wearing a seatbelt are all too common in those cases.

"They feel they need to show off," Yeoumans said.

While street racing isn't much of an issue in Ottawa, "I find teens will put their foot down when no one is around," he said. And texting and driving persists. Teens today have grown up with smartphones and expect to have them on at all times, Yeoumans said.

He encouraged parents, teachers and fellow passengers to reinforce safe driving habits.

"We've got to try to get them early," Yeoumans said. "Every interaction you have with a young driver, you have an opportunity for education."

Tackling bad habits head on could save teen drivers' lives. CONTRIBUTED DREAMSTIME

OFFICE SPACE

Landlords pin hopes on rail

Office vacancy rates east of the Rideau River could drop as the completion date of Ottawa's Confederation LRT Line draws closer, according to a local commercial real estate services firm.

The Ottawa East submarket contains slightly less than 10 per cent of the city's supply of office space and has historically posted some of the area's highest vacancy rates.

In a new report, the Ottawa office of Colliers International said the vacancy rate rose from 13.6 per cent at mid-year to 15.2 per cent at the end of September.

Blair Station
COURTESY CITY OF OTTAWA

However, the real estate firm said that may change in the coming months as tenants consider how the completion of the Confederation Line, which will run as far east as Blair Station at the Gloucester Centre, will improve transit services.

The area is already due for a major facelift as RioCan proposes several high-rises, including a 30-storey residential tower. Across the street, Costco is planning to move its Gloucester location to Shoppers City East.

The citywide office vacancy rate continues to creep upwards and ended the third quarter at 12.7 per cent, Colliers reported.

OTTAWA BUSINESS JOURNAL

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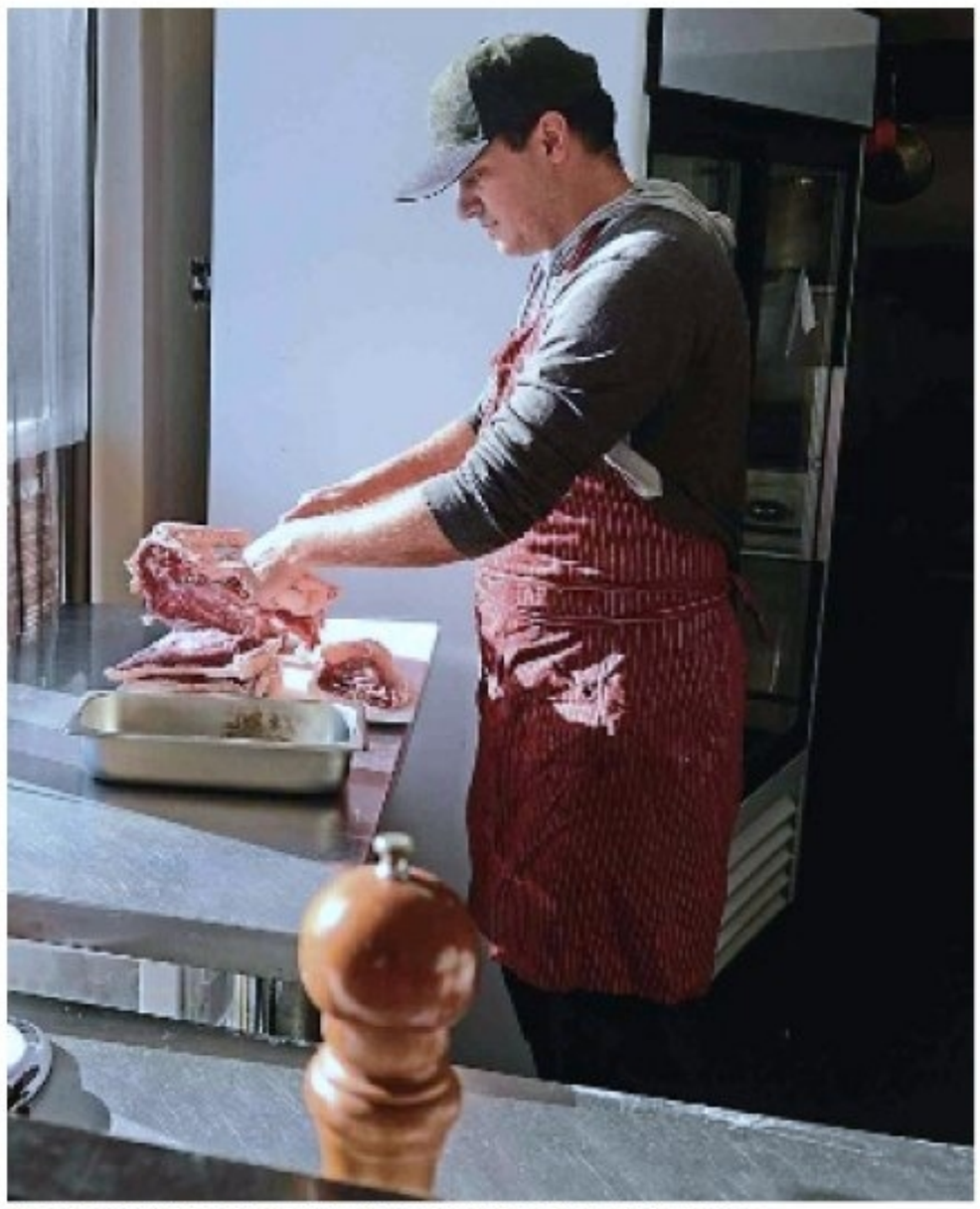

Nearly everything in Etienne Cuerrier's shop is made in-house.

Etienne Cuerrier, the owner of Meat Press Creative Charcuterie and Sandwich Shop in Hintonburg, hangs out with his family. The chef switched to a lunch-orientated business to spend more time with his wife and kids.

BOTH IMAGES MARK HOLLERON/OTTAWA BUSINESS JOURNAL

Meat Press taking large bite out of Ottawa's lunch market

FOOD

Chef Cuerrier's sandwich place in Hintonburg is gaining fans

David Sali
Ottawa Business Journal

According to the old adage, there's no such thing as a free lunch. Etienne Cuerrier's loyal customers would beg to differ.

Cuerrier, the owner of Meat Press Creative Charcuterie and Sandwich Shop in Hintonburg, celebrated his first year in business in early October.

The longtime chef at well-known restaurants such as L'Orée du Bois, Soif and the Wakefield Mill knew he was onto something when his incentive program — buy 10 sandwiches, get one free — generated about 40 giveaways in the first month alone.

"That was very impressive," the affable entrepreneur says with a chuckle. "We're in a small neighbourhood, off the (main) street. You have to keep (customers) coming back if you want to make money."

Located in a small space tucked away on Armstrong Street, a block north of Wellington Street West near Somerset, Meat Press has become a go-to lunch destination for everyone from nearby office workers and store owners to other chefs from establishments such as Allium and Whalesbone who stop in for a bite before their shifts.

"That told us that we were doing something good," Cuerrier, 32, says of attracting clientele from within his own industry.

Indeed, business has been very good for the father of three youngsters aged 6, 2 and three months, who chose a bit of an unusual strategy dictated largely by his hectic home life.

Instead of targeting the dinner crowd like most new eateries, Meat Press serves only lunch. After years as a chef who often worked into the wee hours of the morning, Cuerrier decided things had to change when he struck out on his own.

"It was a bit impossible to have a family life," he explains.

"We wanted to establish lunch because I think it's the best way to get known. It was a big challenge because all the restaurants I worked at, lunch was never a big hit. For us to survive (serving) no alcohol, only doing lunch was a big challenge. It pushed us to see what people like, what can we do that is different, that will interest them, that they'll want to come back."

Cuerrier and his team of four chefs have managed to do exactly that, serving up an array of sandwiches featuring fresh meat from nearby farmers and homemade ingredients with a twist, such as mayonnaise infused with bacon or duck fat "just to give it a little kick."

Almost everything is prepared in house, he notes, except the mustard because, "I don't know how to make it."

He used to bake his own bread but found the process too time-consuming, so nearby bakery Art Is In now supplies that part of the sandwich equation.

Locally raised meat and produce might cost a little more, he says, but it's worth it.

"To stay on top, you have to start with very good products," says Cuerrier, whose wife Myriam Campeau also helps out around the shop and does the books.

"And that's what we did. I think people notice it."

He also understands that restaurants, like sandwiches, aren't very appealing if they go stale.

To that end, Cuerrier expects Meat Press to get its liquor licence before the end of October, at which point he will start serving dinner. He plans to limit dinners to three nights a week at first to see how things go, with a focus on "family dinner-style meals" — for example, seafood casseroles or duck cassoulets that a whole table can share.

"It's basically trying to bring back the French cuisine and the good times people had, staying a long time at the table and enjoying a prepared meal," he explains, noting that a cassoulet takes three days to properly prepare.

"It's something people won't do as much at home, especially in the age group that we're aiming for. It's stuff that people don't have time to do anymore."

Cuerrier credits the Business Development Bank of Canada and Futurpreneur Canada for providing him with the level of seed funding — $45,000 — that one of the big chartered banks likely wouldn't.

He has no regrets about his venture, though if he had to do it over again, he says, he would have been "a little more aggressive" in launching a dinner menu sooner.

His advice to aspiring restaurateurs? Review your business plan early and often to ensure you're staying on track.

"The business can grow faster than you anticipate," he says.

"In the first week, we started selling out. I didn't have the time to close the kitchen and make those big changes that I needed to do."

> **We wanted to establish lunch because I think it's the best way to get known. It was a big challenge because all the restaurants I worked at, lunch was never a big hit.**
>
> Etienne Cuerrier

Ontario Premier Kathleen Wynne inside Hydro Ottawa's control room on Sept. 16. ADRIAN WYLD/THE CANADIAN PRESS

$12 million 'well spent'

ENERGY

Liberals defend start-up costs of electricity support plan

Ontario Energy Minister Glenn Thibeault is defending the fact that nearly $12 million was spent on consultants and advertising for a plan that offers discounts to low-income electricity customers.

About 145,000 of an estimated 500,000 eligible families have been approved to get between $30 and $50 a month taken off their electricity bills since the Ontario Electricity Support Program started last January.

"Twelve million (dollars) to have 145,000 families, and hopefully more, to sign up for this program is money well spent," Thibeault said Tuesday. "These families need to apply for the program, but in order to apply they need to know about it."

The program run by the Ontario Energy Board has delivered about $21 million worth of rebates to low-income families so far, added Thibeault.

The budget for the program is up to $225 million, and "just five per cent was allocated to initial start-up costs to administer, design, run and promote the program to make sure that Ontarians get the help they need," said Thibeault's spokeswoman, Katrina Xavier, in an email.

The Progressive Conservatives accused the Liberals of mismanaging the program because $9.3 million was spent on consultants and $2.4 million on media and advertising.

The New Democrats said it looks like the Liberals are once again rewarding their friends in the consulting sector, while the number of families eligible for the program who still defaulted on their electricity bills jumped 25 per cent last year.

The OEB's advertising campaign for the electricity support program includes radio, print, newsletters, social media, 275 transit shelters and inserts in hydro bills.

To qualify for the maximum amount, a family of six must have a household income of $28,000 or less, or a family of seven could have an income up to $39,000.

THE CANADIAN PRESS

IN BRIEF

Man charged in Dalhousie Street business robbery

A 24-year-old man is facing robbery charges after he allegedly held up a Dalhousie Street business with a knife.

Ottawa police say the man entered a retail financial services location along the 300 block of Dalhousie Street at 8 p.m. on Oct. 17 brandishing a knife and demanding money. Police say the man was arrested at the scene without incident. They say nothing had been taken and no one was hurt.

Meladul Ahmadzai is charged with robbery, assault with a weapon and possession of a weapon.

METRO

CANNABIS

Residents urged to weigh in on pot shops

Haley Ritchie
Metro | Ottawa

River ward Coun. Riley Brockington and the owner of Ottawa Cannabis Dispensary are both inviting feedback from Carlington residents on the future of marijuana dispensaries.

The shop — painted in unmistakable bright green — opened up in July across the street from a school to the surprise of many residents in the Carlington neighbourhood.

According to Brockington, the store is not licensed by Health Canada.

In a letter circulated Tuesday, Brockington asked residents for feedback on marijuana dispensaries and what role bylaw should play in limiting their locations. He also includes a statement from the Ottawa police.

"We as a police agency are being asked to weigh the black and white rule of law to an area that is seeing a shift in societal acceptance. The regulations related to this issue are increasingly difficult to navigate," reads the statement.

The letter from police notes that there is a proven need for medical marijuana and they do not want to pursue possession charges but "enforcement efforts are ongoing."

Brockington said he's not against the use of medical marijuana — he said a close family friend has seen great results after use — but he wants bylaw to be able to control how they operate.

Dispensary owner Deep Singh said he was originally planning a community information session with the councillor, but it was cancelled.

"We have a lot of people coming in for information and we want to talk to the community about what medical marijuana is," said Singh.

Singh said a community consult — with or without the support of Brockington's office — will be planned before the winter.

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Harper advisor can't pay fine

COURTS

Guilty of illegal lobbying, Bruce Carson is bankrupt

A judge is being asked to punish former Stephen Harper confidant Bruce Carson with a $50,000 fine for illegal lobbying.

But Carson's lawyer says his client is on the verge of bankruptcy — unable to earn a living because of the controversy surrounding him — and can't afford to pay.

> **My client is effectively destitute.**
> Patrick McCann

Carson, who once worked as a senior adviser to the former Conservative prime minister, was found guilty last month of three counts under the Lobbying Act.

He was originally charged as part of his role in developing a national energy strategy while he worked as director of the Canada School of Energy and Environment and later as the vice-chair of the Energy Policy Institute of Canada.

In her Sept. 16 ruling, Ontario Court Justice Catherine Kehoe determined that Carson had contact with ministers and deputy ministers at Industry Canada and Environment Canada, as well as the Prime Minister's Office and the Privy Council Office, while he was employed at the Energy Policy Institute.

At the time, Carson was under a five-year prohibition from lobbying public office holders because he had worked in the PMO until February 2009.

At a sentencing hearing Tuesday, Crown attorney Robert Zsigo argued that the court should fine Carson $50,000, to be paid over two years or longer, as a deterrent to illegal lobbying.

Bruce Carson leaves the courthouse after appearing in court for a verdict in his case, Tuesday, Nov. 17, 2015 in Ottawa. THE CANADIAN PRESS/ADRIAN WYLD

But Carson's lawyer, Patrick McCann, said the once highly paid political adviser has very limited financial resources, arguing "the bottom fell out" of Carson's ability to earn an income shortly after he came under a media spotlight over allegations involving his relationship with a former escort.

"My client is effectively destitute," McCann told the court, noting that Carson currently lives in a $700 a month basement apartment in Gatineau, Que.

The Crown countered that, even if Carson is currently broke, that doesn't mean he can't earn a good living some day.

"If he doesn't have the ability to pay at the moment, given his extensive experience, he may be in a position to do so at a future date," said Zsigo.

Court was told that, between 2009 and 2011, Carson was paid about $600,000.

There have only been two previous convictions under the Lobbying Act. Those convictions resulted in fines of $7,500 and $20,000, said Zsigo.

Last November, Carson was found not guilty of influence-peddling in connection with attempts to persuade government officials to buy water filtration systems for First Nation communities, which were being sold by a company that employed Carson's former escort girlfriend.

While the judge in that case found Carson had attempted to influence high-ranking government officials, he was acquitted, because the officials had no power to decide whether to buy the water systems.

A sentence on Carson's lobbying convictions is to be handed down Nov. 4.

THE CANADIAN PRESS

TRANSPORTATION

OC Transpo seeking retail expertise for light rail stations

With construction of Ottawa's LRT line in full swing, city officials are drafting plans for station amenities that include opportunities for businesses interested in operating convenience stores and other retail amenities.

On Wednesday, transit officials will ask councillors on the city's transit commission for the green light to publish a request for proposals to develop and manage the retail spaces at its LRT stations.

The report — which also contains photos of how other transit services around the world integrate retail space into rail stations — is the result of a study conducted by OC Transpo and contains a series of recommendations for the implementation of retail, commercial and non-commercial spaces at transit hubs on the LRT Confederation Line.

If accepted, the RFP would search for a company with transit retail management expertise to design, develop, lease and manage the spaces at approved stations. The report says that contracting an external company is preferable for the project due to the "unique challenges" of transit retail.

These challenges include the impacts of short transfer times on shopping behaviour, products matching the needs of customers on the go, and lower activity during off-peak transit hours.

As part of the planning specifications for the next phase of LRT construction, stations at Tunney's Pasture, Rideau, Hurdman and Blair have been approved for retail spaces ranging in size from 18 to 34 square metres. Convenience stores are already leased to operate out of Hurdman and Blair stations, as well as Bayshore, Lincoln Fields and Place d'Orleans.

Purpose-built retail spaces were not part of the original Transitway and were instead constructed during retrofits. This means that the existing stores often have issues such as limited space and poor sightlines.

Among the observed uses for retail space were primarily convenience stores, coffee shops and vending machines, but in some cases included pop-up shops, seasonal kiosks and services like dry cleaning, which are among considerations for the spaces.

11

OC Transpo's retail study included a survey of 11 cities' transit retail setups.

If the transit commission approves the report, staff will begin drafting design and development standards for retail spaces to be included with the RFP.

The report notes that it has already received interest from vendors about operating in future transit stations. The aim is for these spaces to be implemented and vendors installed by opening day of the Confederation line in 2018.

OTTAWA BUSINESS JOURNAL

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A year after election Liberals still poll strong

POLITICS

Trudeau's personal approval in 60th percentile

Justin Trudeau's Liberals swept to power last October with a promise of a more open government that better reflects the values and expectations of Canadians. THE CANADIAN PRESS

It's been a year since Canadian voters took a leap of faith, placing a bet on deficit-financed government ambition after two decades of cuts, caution and small-c conservatism.

"Canadians have spoken," Justin Trudeau said late in the evening last Oct. 19 after a federal election that swept his third-place Liberals to office with a comfortable 15-seat majority.

Twelve months later, the Liberals remain ambitious and hopeful, even if their reach exceeds their grasp.

Whether it be driving middle-class economic growth and alleviating inequality, fixing First Nations' relationships with the Crown, putting the country on a sustainable path to a low-carbon economy, getting natural resources to world markets, or any of another half-dozen complex initiatives, the fairest assessment would be that Trudeau's lofty vision remains a work in progress.

The government's wish list includes leveraging private sector investment in a new infrastructure investment bank, unleashing the recreational marijuana market, plotting a clear path to Canada's 2030 emissions targets, hashing out home care and pharmacare promises and revamping the electoral system.

Yet multiple public opinion surveys by a cross-section of research companies have Liberal support consistently in the mid-40s to low 50s — an almost gravity-defying run — with Trudeau's personal approval ratings into the 60th percentile.

However, attributing the government's popularity simply to style is not the whole picture, argued Phillip Resnick, professor emeritus at the University of British Columbia.

Their big-spending first budget, which put the country on a path to a $30-billion deficit this year by broadly boosting middle-income family benefits, cutting middle-income taxes and committing billions for infrastructure, was a generational shift for non-recessionary times.

It's a massive fiscal policy bet that has yet to show dividends, said Douglas Porter, chief economist at BMO Financial Group.

"Arguably, it's too early," said Porter, pointing to the big Liberal "showpiece" Canada child benefit, which didn't kick in until July while the most recent GDP numbers only include August.

THE CANADIAN PRESS

EQUALITY

UN working group studying racism

Gilbert Ngabo
Metro | Toronto

A special United Nations working group is in Toronto this week to study issues of racism against black people — and plenty of people have plenty to say.

From lack of access to employment, justice and healthcare to the controversial issue of carding and deteriorating relationships with police, members of the city's black community aren't holding back about what needs to be fixed.

"What we have seen is a persistent experience of marginalization and systemic discrimination," said Ndija Anderson, a research lawyer with the African Canadian Legal Clinic.

The firm, which provides legal support and representation to African Canadians in race-based cases, is one of the groups hosting talks with the five-member UN group.

The group will also travel to Ottawa, Halifax, Montreal and other cities, talking with politicians, community organizations and activists. Recommendations born from what they hear will be presented to the federal government and the UN.

Ndija Anderson of the African Canadian Legal Clinic. TORSTAR NEWS SERVICE

The mission comes at a time when discussions about discrimination against black people have reached a high in Canada and the United States, with Black Lives Matter movements accusing police of excessive force.

Anderson said the bigger problem lies in "implicit biases."

"There's this pervasive notion of looking at African Canadian people as threatening or being criminals and lazy," she said. "As a society we have to acknowledge that we have a problem of systemic racism, and start working on strategies to undo that kind of thinking."

ECUADOR

Assange's status shrouded in mystery

Midway through releasing a series of damaging disclosures about U.S. presidential contender Hillary Clinton, WikiLeaks founder Julian Assange says his hosts at the Ecuadorean Embassy in London abruptly cut him off from the internet.

The news adds another layer of intrigue to a campaign that has been roiled by dramatic leaks and allegations of state-sponsored subversion.

"We can confirm Ecuador cut off Assange's internet access Saturday, 5pm GMT, shortly after publication of Clinton's Goldman Sachs (speeches)," the group said in a message posted to Twitter. Tuesday, the group claimed U.S. Secretary of State John Kerry had intervened to ask Ecuador to stop Assange from publishing documents about Clinton. The State Department denied the allegation.

"There just was no meeting," said deputy spokesman Mark Toner. THE ASSOCIATED PRESS

IN BRIEF

Iraqi advance on Mosul slows after day of fighting

The pace of operations slowed Tuesday in the fight to retake Mosul from Daesh, as Iraqi forces advancing to the east and south of the city began pushing toward larger villages and encountering civilian populations.

Iraq's Kurdish fighters, also known as the peshmerga, largely paused their advance, according to commanders stationed along the front to Mosul's east, consolidating gains from the previous day.

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

Last rumble before election day

UNITED STATES

Final debate promising to focus on issues

It was barely three weeks ago that Donald Trump opened the first presidential debate by asking, with faux deference, if it was OK to refer to his opponent as "Secretary Clinton."

By Round 2 he was back to calling Hillary Clinton "the devil." Since then, the Republican candidate's scorched-earth campaign tactics have left all sides wondering just how low things will go in the third and final presidential debate, coming up Wednesday night.

For her part, Clinton steps up as a flood of hacked emails provides an unprecedented real-time look into the machinations of a presidential campaigners. In the disclosed material, Clinton is shown taking positions in paid, private speeches at odds with some of her public pronouncements. And she is revealed as resistant to advice by aides to apologize for her email practices and clear the air.

Here are some things to watch for in Wednesday's faceoff at the University of Nevada, Las Vegas:

RIGGED

Trump in recent days has tried to deflect attention from the allegations about his sexual advances by complaining that the election process is rigged against him. Without providing any evidence, he wraps together the potential for voter fraud with assertions that his female accusers are part of a plot to smear him. With millions of viewers tuning in, will Trump dwell on conspiracy theories or give voters a more positive reason to vote for him?

HACKED

Largely overshadowed by the allegations against Trump has been WikiLeaks' day-after-day release of thousands of hacked emails from the Clinton campaign. The emails include excerpts of Clinton's closed-door speeches to Wall Street interests and lots of campaign strategizing over how to contain the political damage related to her handling of classified emails and her use of a private email server. Trump has responded with a scattershot series of criticisms about "Clinton corruption," but he has yet to hone a disciplined line of attack.

BREATHE

The campaign took a dramatic detour last week when a series of women came forward with allegations about Trump's sexual advances. Trump's combative response, calling the women "sick" and "liars" and alleging that there's a global conspiracy against him, overtook all other aspects of the campaign for a time. How much oxygen will it suck up in the final debate?

CIVIL WAR

With a number of Republican officials in open revolt against Trump and worried that he will be a drag on the rest of the ticket, watch to see whether Trump gins up more discord with his party.

FINGERS CROSSED

Immigration was hardly mentioned in the first two debates. Social Security never came up. The national debt has gotten only passing notice. Policy wonks have their fingers crossed that neglected issues will finally get an airing in the final debate. The list of potential topics includes debt and entitlements, immigration, the economy, the Supreme Court and foreign hot spots.

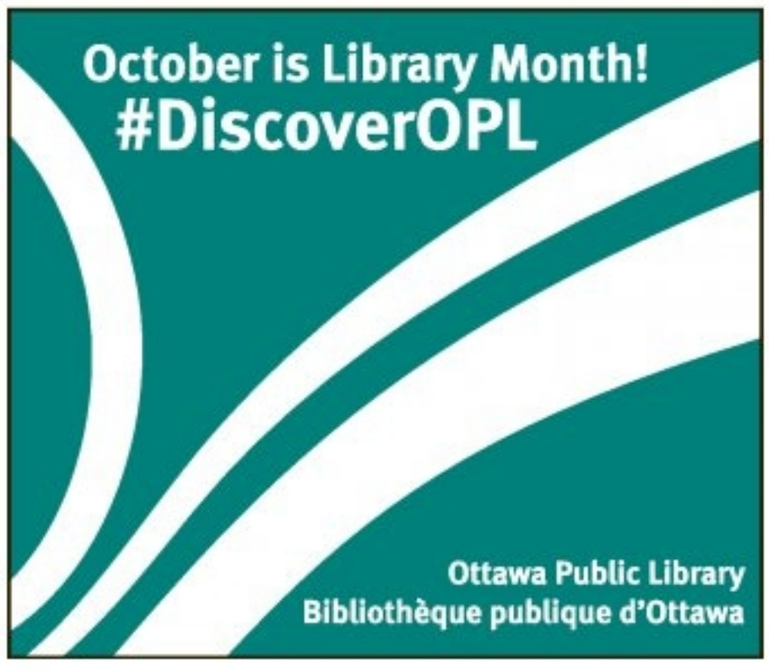
IT'S BAAACK

A subject that both candidates love to dwell on also is teed up for Round 3: "fitness to be president." Trump and Clinton already have made plain their disdain for each other's qualifications to occupy the Oval Office, but they can be counted on to look for new ways to inveigh against each other's fitness for office.

MIND GAMES

Both candidates have used the debates to try to rattle their opponents: Clinton baited Trump by questioning his wealth and his business acumen. Trump tried to throw off Clinton by seating three women who have accused her husband of sexual impropriety in the front row of the audience at the second debate. Odds are both candidates have saved some fresh theatrics for the final debate.

THE ASSOCIATED PRESS



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Giving back part of bottom line

ETHICAL COMMERCE

Customers choose firms that share their values

Cuddle+Kind donates 10 meals for every hand-knit doll sold. CONTRIBUTED/THE CANADIAN PRESS

Derek Woodgate didn't know it at the time, but seeing a documentary about childhood malnutrition would change his life.

He watched the film last year and knows it was the catalyst that helped push him and his wife Jen to start Cuddle+Kind, a company that donates 10 meals for every hand-knit doll sold.

Mark Schwartz, an associate professor of business ethics, said it's becoming important for companies to show that they care about more than just the bottom line.

"Over the years, it's become much more mainstream," said Schwartz, who teaches at York University's School of Administrative Studies in Toronto.

"The larger companies in the world, they really have no choice. All the industries realize that they have to be seen as giving back to the society and the community in which they operate."

He said customers may be more willing to choose businesses that share their same values or ethics, if all other factors, such as price, quality and services are the same compared to a competitor.

"There's a bigger impact when the contribution is more directly linked to the nature of your product and your service," said Schwartz.

> **The larger companies, they really have no choice.**
> Mark Schwartz

"If you buy a pair of shoes, and you know a pair of shoes is going to a child in the developing world, it would make more of a difference."

Derek Woodgate said customers like knowing that their purchase of a colourful hand knit doll also helps support fair wages for female artisans in Peru and also provide meals to Breakfast Club of Canada, World Food Program USA and Children's Hunger Fund, which feeds children in schools and orphanages around the world.

When brothers Kalen and Derrick Emsley started Tentree in 2012, their mission was simple: how could they make money to plant more trees?

They launched a casual clothing line that would plant 10 trees for every item purchased.

Four years and a deal on CBC's Dragon's Den later, Tentree now sells clothes in shops across Canada, the U.S. and Australia. In that time, it has planted more than 9.4 million trees, mostly in Madagascar and Ethiopia.

He said customers are willing to pay a few dollars more for their T-shirts, jogging pants and sweaters if they believe in the company's ethos.

Cindy Hardy named her soap business Joa Bath and Body because it loosely translates to "for good" in Korean.

The former legal assistant makes natural soaps from ingredients such as honey, lavender and oatmeal in her Ottawa kitchen and donates a bar of soap for every bar sold to women's shelters.

Since 2008, the company has given away more than 100 bars.

THE CANADIAN PRESS

FREE TRADE

Minister's Twitter hacked

The Belgian government says a profane Twitter message featuring a photo of former prime minister Stephen Harper is the work of hackers, not their foreign affairs minister.

Someone accessed the account belonging to Didier Reynders, using it to send a meme of an angry-looking Harper telling off Canadians, complete with the F-word. The subtext of the tweet appears to be the fact that a region of Belgium is standing firm in its opposition to the Canada-EU free trade deal, known as CETA.

A tweet from the department's verified account Tuesday said recent messages published on Reynders's account were not his.

The approval of the deal between Canada and the European Union countries has come under threat this week after the Wallonia region in Belgium rejected the deal amid fears its farmers could face cheap Canadian produce and that many of the labour standards they fought for will be swept away.

THE CANADIAN PRESS

metro VIEWS
Your essential daily news
Wednesday, October 19, 2016

EMMA TEITEL ON PRESS BIAS

The most popular way to blow off steam among those frustrated with the U.S. election is to excoriate — who else — 'the media.'

It doesn't matter where you live: Donald Trump will find you.

Not literally, of course. (Even if he is elected president of the United States next month, world domination is not likely in the cards for the Donald).

Rather, he will find you virtually, in your newsfeed and anywhere you browse online. The rabid Republican candidate's cyber-presence is so pronounced, in fact, some Trump-wary Internet users have begun downloading special browser extensions that have the power to literally erase all mention of the candidate from their Internet experience.

For those with a scatological bent, there now exists "Firewall Trump," a browser extension that turns all mentions of the candidate's name into smiling poop emojis.

But there appears to exist another more popular way to blow off steam among those frustrated with the U.S. election, a method that doesn't involve the downloading of name-eradicating browsers or the cursing of candidates. I'm talking about the excoriation of — who else —"the media."

Yes, the big, bad mainstream media, argue American conservative commentators like Dinesh D'Souza, is "Hillary's secret weapon."

This is familiar territory; every election cycle, be it American or Canadian, conservatives cry liberal media bias.

But what's astonishing this time around is how many liberals themselves appear to be convinced that media organizations are stirring up conspiracy and peddling scandal in the Trump-Clinton campaign when they ought to be focused on "the real issues."

A reminder is in order: when a candidate denies sexually assaulting women, it's in the public interest for media to test that claim

I've lost count of the number of comments and posts I've seen from otherwise progressive friends on Facebook who seriously question the motives behind the media's reportage of Trump's bad behaviour and more recently the motives behind a New York Times article, in which multiple women allege Trump sexually assaulted them.

This mistrust isn't relegated to my own Facebook feed. Statistically speaking, people, both left and right, aren't too fond of media: according to a survey by the American Press Institute, 41 per cent of Americans "say they have hardly any confidence" in the press.

CAN YOU BLAME US FOR PUBLISHING THIS? Robert John Burck, a.k.a. the Naked Cowboy, sings a song urging people to vote for Donald Trump, outside Trump Tower in New York on Tuesday. GETTY IMAGES

Perhaps then, a reminder is in order that when a candidate denies sexually assaulting women it's in the public interest for media to test that claim. Candidates make statements and media scrutinize and report on those statements; the alleged criminal behaviour of a political candidate is relevant to the democratic process, and it's the media's responsibility to cover it.

And for what it's worth, as David E. McCraw, lawyer for the New York Times, pointed out recently in a letter to Trump's attorneys, media didn't introduce the topic of Trump's alleged assaults and indiscretions. Trump introduced those things — chose to talk endlessly about them, in fact — on his own.

"Nothing in our article," McCraw writes, "has had the slightest effect on the reputation that Mr. Trump, through his own words and actions, has already created for himself."

I understand that many people are overwhelmed by the volume of Trump-related stories appearing daily across their screens. Trust me, I too am overwhelmed. But volume is not proof of bias. It's often proof that something is seriously wrong in the world.

That said I also understand personal aversion to media. We are, by and large, an insufferable lot of socially anxious know-it-alls; the kind of people who interject at dinner parties to offer kernels of sobering, fact-based wisdom nobody asked for. ("Well actually, I wrote about the housing crisis last month ...")

And yet, like parking enforcement, elementary-school lunch monitors and tax-collection agencies, we are a necessary aggravation, whose absence would be a far worse blight on the earth than our presence.

Without us, dangerous blowhards like Donald Trump would continue to crowd your newsfeeds all the same, only their error-ridden invective would go largely unchecked, and the "scandals" so many of us bemoan having to read about every day would cease to be scandals. They would be something far worse. They'd be secrets.

So despise us all you like, but please, bear with us.

Emma Teitel is a national columnist for the Toronto Star.

VICKY MOCHAMA

Inclusivity is every sports fan's responsibility

We all know sports teams have racist names.

Despite being asked repeatedly to drop them, these names abide. But now that jocks are more willing to talk about racism, maybe the time has come for teams and fans to look for more ways to bring everyone into the game.

Recall that before the Toronto Blue Jays' current playoff series, some media, including the Jays' radio broadcaster Jerry Howarth and Huffington Post Canada, said they wouldn't be using the Cleveland team's nickname. Then, on Monday, an Ontario judge declined celebrity architect Douglas Cardinal's request to ban the team's name.

I'd prefer not to use the name in this space, but suffice it to say that the team's mascot, Chief Wahoo, he of toothy minstrel-show grin and a feather in his hair, is pretty much a full-card jackpot in Is This Racist? Bingo.

Washington's NFL team, Chicago's hockey team, and Edmonton's CFL team are also being called on to change their racist team names. The pressure to find names that are both socially conscious and emotionally evocative can lead to awkwardness like the Ottawa Redblacks (isn't that just maroon?). That's not to mention all the nicknames that sound as though a committee of really bored and geographically confused people chose them. What is an Orlando Magic? Where exactly in Utah are the Jazz?

The push for dramatic but problem-free names can lead to names that are offensive to users of proper grammar. I'm looking at you, Montreal Impact. In naming and renaming sports teams, we could try the system used by international soccer teams. Jays fans are, after all, cultivating an English-style hooligan culture. So: What if Edmonton's football team was called, just spitballing here, the Edmonton Football Team? As a naming convention, it's not exactly inspiring but Liverpool or Chelsea fans don't seem to mind.

Such rebranding exercises would allow teams like Edmonton's and Cleveland's to learn important lessons about their fanbases. Anyone who was into your team precisely because it had a racially flagrant name is maybe not a fan you want.

The rest of the fans will probably stick around through a renaming, and in the process they'll be given an opportunity to ask some overdue questions about what kinds of sports fans they want to be. It's not enough to be upset about a team's racist name, or even to support a change to a new one. Find out what it means to indigenous people who are #NotYourMascot.

Whether it's demanding that your team be more environmentally conscious, that stadiums offer more accessibility, that games be affordable for low-income fans, or that a team doesn't encourage white supremacy, there's a way for every fan to take their seat in the stands knowing that their love of the game does some good in the world.

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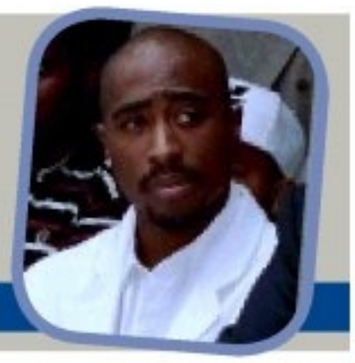

What to eat and drink on debate night

Need something to cleanse your political palate as you watch **Hillary Clinton** and **Donald Trump** spar on TV tonight in the third and final U.S. presidential debate? We reached out to Metro readers on social media and an expert, **Toronto Star food critic Amy Pataki,** to ask what food and drink pairings might help the sure-to-be bitter debate go down a little easier.

GENNA BUCK METRO

YOU SUPPORT HILLARY CLINTON

FOOD
Ice cream is the perfect Clinton-themed snack, Pataki said, "because she stays cool."

DRINK
If you're with her, you should sip **red wine**, said reader Ruby P. It's "classy and of a certain age. The word that comes to mind is 'mature,'" she said.

YOU SUPPORT DONALD TRUMP

FOOD
Pataki suggested Trump supporters nosh on **Cheetos**. "That orange powder stains your skin," she said.

DRINK
Trumpsters should wash down their salty snacks with **milk**, said reader Vidya K. American dairy farmers say all the deportations the Donald wants to do could affect their business, which relies on immigrant workers. And Trump once called a lawyer who had to take a break for breastfeeding "disgusting."

THE ASSOCIATED PRESS

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Munchies go high class with pairings

TREND

Pot purveyors insist a good strain is like a fine wine

Diners smoke marijuana as they eat dishes prepared by chefs during an evening of pairings of fine food and craft marijuana strains at Planet Bluegrass, an outdoor venue in Lyons, Colorado. THE ASSOCIATED PRESS

How to set a tone of woodsy chic at a four-course candlelight dinner served under the stars in the Colorado foothills:

Live musicians and flowers, check.

Award-winning cuisine, check.

Beer and wine pairings with each course, check.

Marijuana pairings? Oh, yes.

The 100 diners at this $200-a-plate dinner smoked a citrus-smelling marijuana strain to go with a fall salad with apples, dates and bacon, followed by a darker, sweeter strain of pot to accompany a main course of slow-roasted pork shoulder in a mole sauce with charred root vegetables and rice.

And with dessert? Marijuana-infused chocolate, of course, grated over salted caramel ice cream and paired with coffee infused with non-intoxicating hemp oil.

The diners received small glass pieces and lighters to smoke the pairings, or they could have their marijuana rolled into joints by professional rollers set up next to a bartender pouring wine.

Welcome to fine dining in Weed Country.

The marijuana industry is trying to move away from its pizza-and-Doritos roots as folks explore how to safely serve marijuana and food. Chefs are working with marijuana growers to chart the still-very-unscientific world of pairing food and weed. And a proliferation of mass-market cheap pot is driving professional growers to develop distinctive flavours and aromas to distinguish themselves in a crowded market.

"We talk with the (marijuana) grower to understand what traits they saw in the marijuana ... whether it's earthy notes, citrus notes, herbal notes, things that we could play off," said Corey Buck, head of catering for Blackbelly Restaurant, a top-rated farm-to-table restaurant that provided the meal.

The grower of one of the pot strains served at the dinner, Alex Perry, said it won't be long until marijuana's flavours and effects are parsed as intently as wine profiles. But that's in the future, he conceded.

"It's still looked down upon as a not-very-sophisticated thing," said Perry, who grew a strain called Black Cherry Soda for his company, Headquarters Cannabis.

Holding his nose to a small jar of marijuana, Perry said, "If I asked my mom or my dad what they smell, they're going to say, 'skunk,' or, 'It smells like marijuana.' But it's like wine or anything else. There's more flavour profile there."

But chefs and pot growers trying to explore fine dining with weed face a legal gauntlet to make pot dinners a reality, even where the drug is as legal as beer.

Colorado's marijuana retailers can't also sell food, so guests at this dinner had to buy a separate $25 "goodie bag" from a dispensary for the pot pairings.

The bags came with tiny graters for diners to shave the pot chocolate onto their ice cream themselves; the wait staff could not legally serve a dish containing pot, even though the event was private and limited to people over 21. Diners were shuttled to and from the event by private bus, to avoid potentially stoned drivers leaving the dinner.

Marijuana dining may become more accessible in coming months, though.

Denver voters this fall will consider a proposal to allow marijuana use at some bars and restaurants as long as the drug isn't smoked, with the potential for new outdoor marijuana smoking areas.

And two of the five states considering recreational marijuana in November — California and Maine — would allow some "social use" of the drug, leaving the potential for pot clubs or cafes.

Currently, Alaska is the only legal weed state that allows onsite marijuana use, with "tasting rooms" possible in commercial dispensaries.

But that state is still working on rules for how those consumption areas would work.

For now, marijuana dining is limited to folks who hire private chefs to craft infused foods for meals served in their homes, or to special events like this one, limited to adults and set outside to avoid violating smoke-free air laws.

THE ASSOCIATED PRESS

FOOD & WEED

A heady meal

Guests at the Colorado dinner were admittedly experimenting with pairing weed and food, many giggling as they toked between bites. It became apparent late in the evening that a rich meal doesn't counteract marijuana's effects.

"What was I just saying?" one diner wondered aloud before dessert. "Oh, yeah. About my dog. No, your dog. Somebody's dog."

The man trailed off, not finishing his thought. His neighbour patted him on the back and handed him a fresh spoon for the ice cream.

Diners seemed genuinely curious about how to properly pair marijuana and food without getting too intoxicated.

"I am not a savant with this," said Tamara Haddad of Lyons, who was waiting to have one of her pot samples professionally rolled into a joint. "I enjoy (marijuana) occasionally. I enjoy it with friends. I'm learning more about it."

APPLE & CHEDDAR

An easy hors d'oeurve that guests will think you sweat over

Ricardo Larrivée
Torstar News Service

If you're anything like me, you're drowning in apples this time of year.

That's the trouble with being a dad of three: When family traditions include an annual apple-picking outing, that means three times the apples!

Now, I love apples as much as the next guy, but I'm always on the lookout for interesting ways to prepare them.

That's why I developed this recipe: It's fast, easy and perfect for your next soirée, whether as a starter for a sit-down get-together or hors d'oeuvre for a cocktail party.

The recipe plays on the classic Canadian combo of apple and cheddar, but here I've reversed the order, making this a savoury, cheesy treat.

Best of all, your guests will never guess it took you less than 15 minutes to prep.

Apple and Cheddar Tart

Prep: 15 minutes
Cooking: 20 minutes
Serves: 6

Ingredients:

- 1/2 lb(225g) store-bought puff pastry, thawed
- 3 tbsp (45 mL) crème fraîche or sour cream
- 1/2 Cortland apple, unpeeled, cored and thinly sliced
- 1 tbsp chopped fresh chives
- 3 1/2 oz (100 g) cheddar cheese, thinly sliced

Directions:

1. With the rack in the lowest position, preheat the oven to 400°F (200 °C). Line a baking sheet with parchment paper.

2. On a lightly floured surface, roll out the puff pastry into a 10-inch (25 cm) square.

With a fork, prick the entire surface of the dough. Place the dough on the baking sheet.

3. Spread the cream on the entire surface of the dough. Cover with the apple slices. Sprinkle with the chives and top with the cheese slices.

4. Bake for about 20 minutes or until the cheese is golden brown. Let cool. Cut and serve as hors-d'oeuvres or an appetizer.

This apple and cheddar tart serves six. CONTRIBUTED

COLD FACTS OF TOMATO STORAGE Any Italian grandmother will warn that putting tomatoes in the fridge will compromise their flavour. Well now, science can back that up. According to a new study, cooling tomatoes below 12 degrees Celsius stops them from making some of the substances that contribute to their taste. With the new detailed knowledge of how that happens, "maybe we can breed tomatoes to change that," said researcher Denise Tieman of the University of Florida in Gainesville.

THE ASSOCIATED PRESS

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Sandwiches

Think an occasional indulgence in a stacked sandwich is OK? The colossal amount of calories and fat say otherwise.

PICK THIS

Quarter Chicken Dinner from Swiss Chalet

White meat with skin served with a side garden salad, light Italian dressing, multigrain roll and chalet sauce.
Calories 490
Fat 15.5g

SKIP THIS

The Rotisserie Beef Messy Stacked from Swiss Chalet

Rotisserie beef, grilled baguette, cheddar cheese, tomato, coleslaw, fries and seasoned mayo served with fries, coleslaw, a pickle and chalet sauce.
Calories 1738
Fat 85.5g

HERE'S WHY

Equivalent to 4 servings of Honey Garlic Chicken from Manchu Wok in fat.
The Rotisserie Beef Messy Stacked sandwich tops a beef sandwich with coleslaw, mayo, cheese and fries, while serving it up with an additional large side of fries and creamy coleslaw. The result is a total overdose of calories and fat, about your entire day's worth! In fact, the entire Quarter Chicken Dinner is lighter than the beef sandwich itself, and that's before counting any of the additional sides and condiments! Stick to the Quarter Chicken Dinner to avoid a food hangover — your heart and hips will thank you!

LIQUID ASSETS

California wines want you to know they're old

As it closes in on the 250th anniversary of the opening of its first winery it must irk California to be lumped in with the gaggle of New World countries who wear the lack of consumer awareness regarding their winemaking histories like a badge of cool.

Proving my point is the number of Golden State wineries who have started bragging about their origins. Fetzer Vineyards is a winery that I'm betting was bottling their first vintage in 1968 to the tune of The Beatles White Album, which was released in the fall of the same year. A lot has happened to Fetzer in nearly five decades. Bought by Chile's Concha y Toro in 2011, its wines, while keeping their personalities firmly Californian, have developed a relaxed drinkability thanks to the influence of the Chileans. Fetzer's 2014 Valley Oaks Cabernet Sauvignon ($11.95-$15.99) has a mix of black fruit and balanced tannins.

PETER ROCKWELL/METRO

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FROM THE EDITORS OF THE KIT
compact

PHOTOGRAPHY BY LUIS MORA

DiCaprio linked to Malaysian fund scandal

LEGAL ISSUES

Star says he's cooperating with authorities in investigation

Leonardo DiCaprio says he's awaiting direction from the U.S. Justice Department regarding any ill-gotten funds that may have supported his environmental foundation or 2013 film The Wolf of Wall Street.

The Oscar-winning actor released a statement through his representatives Tuesday saying he will return any gifts or donations connected to a Malaysian wealth fund, pending a fraud investigation of that fund by the U.S. and other countries. Court filings in connection with the investigations allege a complex money laundering scheme intended to enrich top-level officials of the Malaysian government-controlled wealth fund.

"Both Mr. DiCaprio and (the Leonardo DiCaprio Foundation) continue to be entirely supportive of all efforts to assure that justice is done in this matter," the statement said.

"Mr. DiCaprio is grateful for the lead and instruction of the government on how to accomplish this."

The Justice Department says that at least $3.5 billion has been stolen from the wealth fund, known as 1MDB, by people close to Malaysian Prime Minister Najib Razak. Najib created the fund in 2009 shortly after he took office to promote economic development projects in the Asian nation, but the fund accumulated billions in debts over the years.

The Justice Department has initiated action to seize $1.3 billion it says was taken from the fund to buy assets in the U.S., including luxury properties in New York and California, a $35 million jet, art by Vincent Van Gogh and Claude Monet, and financing of The Wolf of Wall Street, according to federal government complaints filed in Los Angeles in July.

The government complaints also say that more than $700 million has landed in the accounts of "Malaysian Official 1." They didn't name the official, but appear to be referring to Najib.

The Justice Department complaints also do not mention DiCaprio by name, but make an oblique reference to "Hollywood Actor 1," who during his Golden Globe acceptance speech thanked "the entire production team" and singled out several people close to Najib implicated in the scandal as "collaborators" on the film.

DiCaprio won the Golden Globe for his Wolf of Wall Street performance.

The Justice Department complaints identify the collaborators by name, including Najib's stepson, Riza Shahriz Abdul Aziz, who co-founded movie production company Red Granite Pictures.

Besides The Wolf of Wall Street, other films produced by Red Granite include 2015's Daddy's Home and 2014's Dumb and Dumber To.

Last week, a Swiss rainforest charity demanded that DiCaprio resign from his post as a United Nations "Messenger of Peace" if he doesn't disclose his financial ties to the Malaysian fund. But on Monday, a U.N. spokesman expressed continued support for the actor.

Stephane Dujarric said he understands that DiCaprio's foundation is working with the relevant authorities in the U.S. to resolve the issue.

"We continue to welcome his public work on behalf of climate change," Dujarric said.

Najib has consistently denied any wrongdoing since allegations of massive fraud in the fund erupted last year. He remains firmly in political control by clamping down on critics and because of unwavering support of most ruling party members. The opposition is too weak in Malaysia to dislodge him.

THE ASSOCIATED PRESS

Leonardo DiCaprio. THE ASSOCIATED PRESS FILE

JOHANNA SCHNELLER
WHAT I'M WATCHING

Not every web hit needs a series

THE SHOW: Haters Back Off, Season 1, Episode 8 (Netflix)
THE MOMENT: The false poignancy

Miranda Sings (series creator Colleen Ballinger), who believes she's destined to be a star and ignores all evidence to the contrary, is on stage belting out I Will Always Love You in her nasal over-tremolo. Owen (Dylan Playfair), the singer she adores, cuts her off.

"That was so funny, that was a little joke I wanted to play on you," he says.

The audience sighs with relief.

Owen asks Miranda for the engagement ring he gave her backstage, to hold until he proposes to April.

Miranda thought the ring was for her; she won't let it go. They tussle.

Owen proposes. April accepts. The crowd claps. "Stop clapping!" Miranda orders.

The audience titters.

"Why are you laughing?" she screeches. "Why is it funny that someone would love me?"

I'll tell you why: You forgot to give yourself even a single redeeming quality.

Haters Back Off is one of several new shows that began life as a web series. But unlike HBO's High Maintenance and Insecure, this idea is way too thin to stretch from two minutes to 30.

Miranda is grating in a webisode; in a full episode, she's obnoxious. And through an entire season, as she terrorizes her family, remains doggedly ignorant, and simply repeats those notes over and over, she's unbearable. It's a mistake a lot of TV shows are making: confusing a flawed character with a total jerk.

You can't give us eight episodes of a one-note monster, and then suddenly expect us to care when she cries in the rain.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Miranda Sings (Colleeen Ballinger) is insufferable in Haters Back Off. CONTRIBUTED

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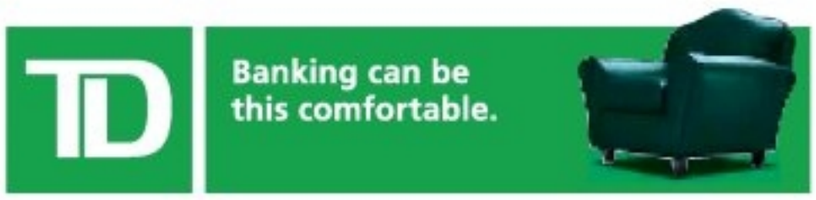

[1] Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions. [2] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

metro WHEELS
Your essential daily news

1976 customized AMG Pacer from Wayne's World sold at auction for $37,400 U.S.

Q5 delivers with tech, performance

REVIEW

Audi's latest SUV offering sure to please

Jonathan Yarkony
AutoGuide.com

As little as 12 years ago, Audi didn't have an SUV, but in 2009 the Q5 took the small premium crossover segment by storm.

What was it about the Q5 that so resonated with luxury shoppers and took the brand to new heights, becoming a global bestseller in the process? Aside from Audi's impeccable interiors and solid, reassuring driving feel, the Q5 had just enough cargo and passenger space for family living, and a range of powertrains that offered consumers their choice of efficiency or a bit of excitement along with their utility.

The new Q5 is based on Audi's modular MLB platform, and although that is the same architecture underpinning the new A4, Audi engineers claimed the Q5 will have more in common with the next-generation. The Q5 grows in every direction, but as with any new Audi, the platform is a mix of high-tensile steel and aluminum aimed at saving weight and increasing rigidity.

Moving up to the driver's seat brings Audi's strengths back to the forefront, where one can focus on the materials, craftsmanship and seamless integration of technology.

With the level of technology coming into play, it's increasingly important to solve the myriad ergonomic and interaction issues, and Audi's Multi-Media Interface and Virtual Cockpit offer several ways for one to operate navigation, audio and car systems. My favourite is the steering-wheel thumb wheel and buttons on the left spoke, which let you access the most common functions without lifting a hand off the wheel. The latest addition to Audi's MMI is the touchpad, which recognizes your scribbles and translates them into letters when you input information for route guidance or a contact and is said to offer tablet-like pinch and zoom control, though not in the models we sampled.

Although the Q5 will be loaded to the roof rack with driver-assistance systems, the focus of the event was its essential driving quality in a variety of settings. Exploring the southern tip of Mexico's Baja Peninsula, we set off from our resort on some intermediate highways, skirted the edges of a small mountain range, climbing the twisting and sweeping curves, picking our way through the narrow cobbled streets of a small rural town, cutting across the landscape on a dirt road, driving onto a sandy beach for photo ops and then cruising back on a highway that saw us reaching and holding autobahn speeds. It's hard to say whether the chassis or the engine was the star, because both were so impressive in every way, and perhaps it was their seamless cooperation that sets a new benchmark.

In the end, the Q5 nails every point that a small luxury SUV needs to and is sure to make many shoppers happy.

THE CHECKLIST | 2018 AUDI Q5 REVIEW

THE BASICS
Engine: 2.0L turbo four-cylinder
Transmission: Seven-speed S tronic dual-clutch auto
Power: 252 hp, 273 lb-ft of torque
Curb Weight: 1,950 kg
Cargo Space (trunk/max): 550-610/1,550 L
Starting Price (est.): $45,000

LOVE IT
- Sophisticated, quality interior
- Comfortable yet competent
- Virtual Cockpit

LEAVE IT
- Middle rear seat
- Plain styling
- Lack of engine options

100TH ANNIVERSARY

BMW's reveals bold Motorrad vision

Sami Haj-Assaad
AutoGuide.com

The BMW Group has been celebrating its 100th anniversary by revealing new concept cars that visualize what the next 100 years of the brand will bring.

Starting earlier this year in Munich, the automaker unveiled its BMW Vision Next 100 concept, which was followed up by the MINI Vision Next 100 and Rolls-Royce Vision Next 100 which were seen in London back in June. Then in L.A., the BMW group concluded its celebration with its BMW Motorrad Vision Next 100, which showcases the brand's idea for the next generation of motorcycles.

Unlike the Rolls-Royce Vision Next 100 and the BMW Vision Next 100, this motorcycle features no autonomous driving technology. The idea for the concept was to create a pure riding experience, so they also revealed a smart visor that spans the rider's entire field of view.

Like a head-up display, it provides the rider with relevant information, and will be controlled by minute gesture controls like tilting your head.

The design of the bike is striking, following the lines of the first bike BMW Motorrad ever made, the 1923 R32. The black frame triangle is clearly inspired by the old bike, but you'll notice that the bike features a flexible frame, which assists in steering.

Despite the appearance of a traditional BMW boxer engine, this concept utilizes a zero emissions, presumably electric drivetrain. The unit minimizes when the bike is at a standstill, and then expands when the bike is in motion, giving off a mechanical personality.

A huge part of this bike is safety, and BMW has detailed a self-balancing system that works when the bike is stationary or on the road. It will help prevent it from being dropped or crashed by riders. In addition, the bike comes with a visor that features BMW's Digital Assistant, which will warn riders of obstacles and give them the ideal riding line on the road, which will also help prevent accidents.

The self-balancing BMW Motorrad VISION NEXT 100 concept motorcycle does not feature any self-driving technology.
DAVID MCNEW/AFP/GETTY IMAGES

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4 CARS MINI'S HEAD OF DESIGN COVETS

MINIs are not only quirky and fun to look at, but they're also a blast to drive. It's rare that a car can avoid looking aggressive and still portray a sporty personality, but that's just part of MINI's charm. Christopher Weil, the head of MINI design, says he currently drives a grey Countryman, but gave us an eclectic list of his all-time favourite designs. **SAMI HAJ-ASSAD/AUTOGUIDE.COM**

1 Lamborghini Miura

The go-to choice for designers and car lovers is the Lamborghini Miura. The beautiful coupe is held as the benchmark for design and performance and is often referenced as the first true supercar. This mid-engined Italian beauty is on everyone's list.

2 Toyota 2000GT

Here's an interesting choice. The Toyota 2000GT was one of the first Japanese supercars and a beautiful, Asian interpretation on the Jaguar E-Type. It featured a long hood and short deck, and under the hood was an awesome 2.0-litre six-cylinder engine. Nowadays, it's seen as the first truly desirable and collectible Japanese vehicle, with examples selling at auction for over $1-million. Only 351 of these cars were ever made and some Boomers may remember the Toyota as Bond's ride in You Only Live Twice, even though that model had to have its roof lopped off to accommodate Sean Connery's 6"2 frame. It's rare to hear the Japanese car mentioned by designers, but its inclusion here shows Weil's appreciation of cars from all over the world.

3 Porsche 914

Another oddball choice here. Rarely considered as a high-performance vehicle, the 914 was developed in collaboration with a then-rival: Volkswagen.

4 Porsche 930

Weil owned and sadly got rid of a Porsche 930, but he fact that this designer even lived with a 1970's 911 Turbo shows his true automotive enthusiasm.

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metro SPORTS

"Please don't tweet at me about Bauer": Curt Schilling doesn't like comparisons between his bloody sock and Trevor Bauer's bloody finger

Blue Jays' bats swing into gear

MLB PLAYOFFS

Strong Sanchez outing backed by offence to avoid sweep

GAME 4 In Toronto

5 1 C

Aaron Sanchez pitched six strong innings and the Toronto bats finally woke up as the Blue Jays staved off playoff elimination Tuesday with a 5-1 win over the Cleveland Indians in Game 4 of the American League Championship Series.

Four Toronto pitchers limited the Indians to two hits.

The Jays still face three more do-or-die games, two in Cleveland, if they are to survive the best-of-seven series, and history is against them. Since the introduction of the best-of-seven format in 1985, only one of 31 teams have rallied from an 0-3 deficit to win the ALCS (Boston, 2004).

On the plus side for Toronto, the injury-riddled Cleveland starting rotation is not deep. Game 5 goes Wednesday with Marco Estrada against Indians rookie Ryan Merritt.

After scoring just three runs in the first three games, the Toronto offence got out of first gear in a game that was a mirror image of the previous three. This time Toronto outpitched Cleveland and got the timely hits.

Josh Donaldson homered for Toronto and Edwin Encarnacion drove in a pair of runs before a sellout of 49,142 under the roof at the Rogers Centre that finally had something to cheer about.

Donaldson also delivered some stellar defence.

Toronto, which totalled 17 hits in the first three games, outhit Cleveland 9-2.

The loss snapped the Indians' nine-game win streak dating back to the regular season and Cleveland's franchise-record run of six straight post-season victories.

The Jays, leading for the first time in the series, picked up solo runs in the third and fourth, two more in the seventh and one in the eighth to keep the scoreboard ticking.

Sanchez (1-0), inducing a string of Cleveland groundouts, gave up just one hit in his first four innings before yielding a run in the fifth when he threw 25 pitches.

The 24-year-old right-hander, whose arm has been closely monitored in his first year as a starter after pitching in the bullpen, was well rested having last pitched Oct. 9 — his first career post-season start.

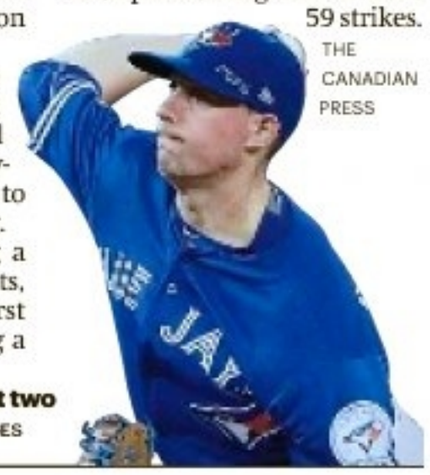
He gave up one run on two hits with two walks and five strikeouts in a 95-pitch performance that featured 54 strikes.

Brett Cecil, Jason Grilli and Roberto Osuna delivered equally solid work in relief. The loud crowd was on its feet as Osuna mowed the Indians down in order in the ninth with nine strikes in 10 pitches.

Corey Kluber, the 2014 AL Cy Young Award winner, was pitching on three days rest for the first time in 135 career starts. He lasted five innings, giving up two runs on four hits with two walks and seven strikeouts in an 89-pitch outing that included 59 strikes.

THE CANADIAN PRESS

Josh Donaldson of the Blue Jays opens the scoring with a solo home run as Cleveland catcher Roberto Perez looks on during Game 4 of the American League Championship Series in Toronto on Tuesday. CHARLIE RIEDEL/THE ASSOCIATED PRES



Aaron Sanchez gave up just two hits in six innings. GETTY IMAGES

CHAMPIONS LEAGUE

Leicester unbeaten through 3 matches

Riyad Mahrez made it three wins out of three for Leicester in its Champions League debut, clinching a 1-0 victory for the Group G leaders over FC Copenhagen on Tuesday.

Leicester is in a strong position to reach the knockout phase, holding a five-point lead over Copenhagen and FC Porto halfway through the group stage.

Mahrez's first-half goal ended Danish league leader Copenhagen's 21-game unbeaten run in all competitions.

9

Leicester has more points from three European games (nine) than from eight Premier League games (eight) this season.

Jamie Vardy failed to score for an eighth straight game, but the striker set up Mahrez's goal.

THE ASSOCIATED PRESS

IN BRIEF

Drogba returns to Impact after abruptly leaving team

Didier Drogba has returned to the Montreal Impact after leaving for one game and will remain for the rest of the season, team president Joey Saputo said Tuesday.

Drogba, who was fined for missing a game without permission, asked to be taken out of the lineup when he was told by coach Mauro Biello that he would not be in the starting 11 for a 2-2 draw Sunday with Toronto FC.

THE CANADIAN PRESS

Burris's play in Week 17 acknowledged by CFL

Ottawa quarterback Henry Burris, Winnipeg defensive back Taylor Loffler and Saskatchewan running back Joe McKnight are the CFL's top performers for Week 17.

Burris excelled in his first start since Week 9, leading the Redblacks to a 30-29 win in Hamilton on Friday.

The 41-year-old connected on 27 of 39 passes for 393 yards and one touchdown pass, while also running in two TDs.

THE CANADIAN PRESS

UFC

Rumble eager for his title rematch

From the moment he tapped the Octagon canvas back in May of 2015, Anthony (Rumble) Johnson has been thinking about this rematch.

Daniel Cormier won the light heavyweight title that night when he submitted the feared striker with a choke in the third round in Las Vegas, but Johnson has been on a tear ever since, and vows their UFC 206 bout Dec. 10 at Toronto's Air Canada Centre will be a different story.

"Ever since I lost to him I've been wanting to fight, like the moment I stepped out of the cage I wanted a rematch," Johnson said on Tuesday. "I paid my dues, I did what I had to do to get to this point, and I need to make the best of it."

Anthony Johnson GETTY IMAGES

THE CANADIAN PRESS

RECIPE Pumpkin Curried Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This warmly spiced soup is supremely creamy and packed with vitamin-rich pumpkin making it the ideal fall comfort dish.

Ready in 40 minutes
Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 1 or 2 glugs of olive oil
- 1 onion, diced
- 2 cloves of garlic, minced
- 1 tsp ginger, minced
- 1 tsp cumin
- 1 tsp ground coriander
- 1 tsp curry powder
- 1 tsp salt
- 1 x 14 oz. pumpkin purée (not pumpkin pie filling!)
- 2 cups low-sodium vegetable or chicken stock
- 1 cup water
- 1 x 14 oz. coconut milk (Try lite for all the flavour and less fat)

Directions

1. Warm olive oil in a large pot over medium heat. Add your minced onions and garlic until they begin to soften and your kitchen starts smelling great. Now add all of the spices. Stir them into the onion mix and let them cook for a few minutes. Keep stirring so they don't start to stick to the bottom of your pot.

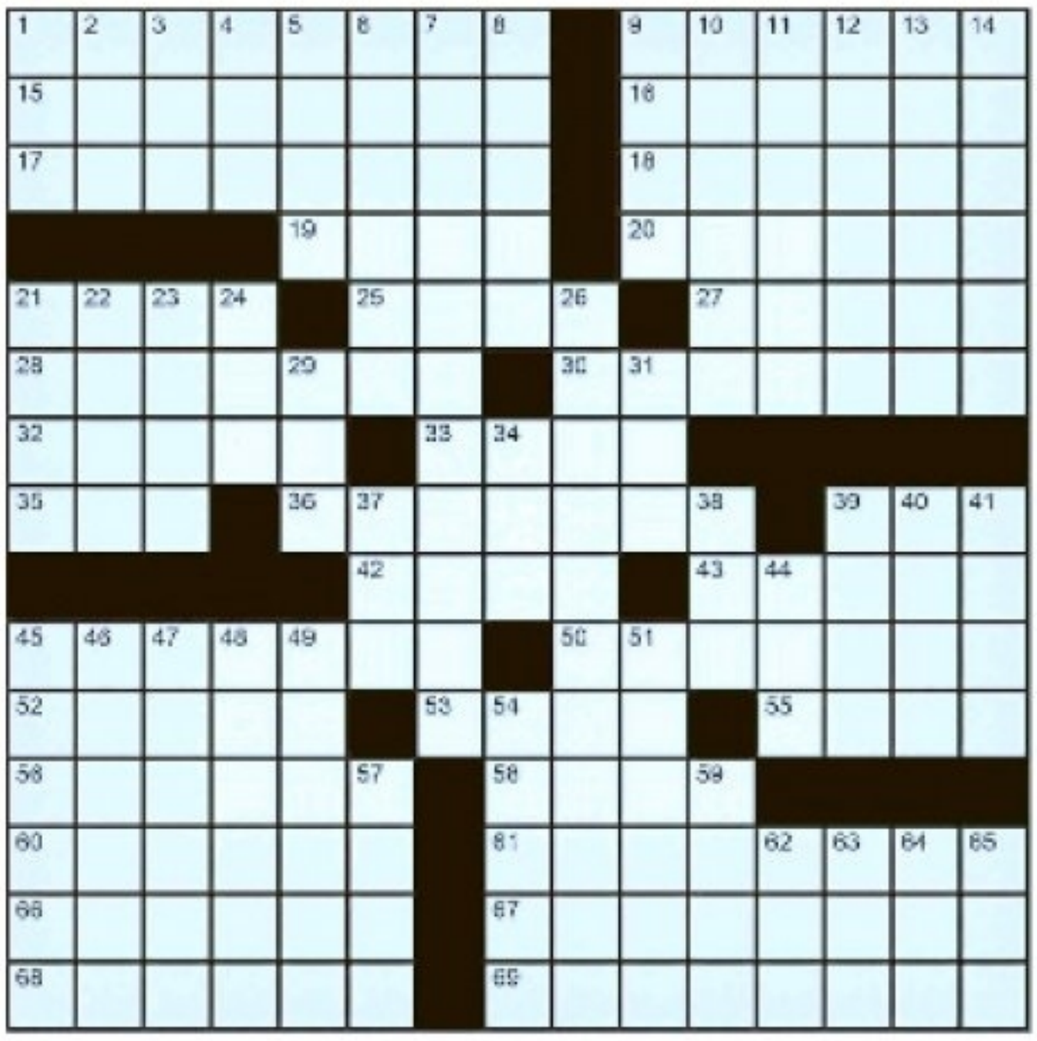
2. Empty your pumpkin purée into the pot and give it a mix with the onions and spices. Now add the stock, water and coconut milk. Let simmer for about 20 minutes, stirring occasionally. Don't let it get too hot or the coconut milk may split.

3. Turn off the heat and allow the soup to cool a bit before either putting into the blender in batches to purée or just giving a whiz with a submersion blender. Warm again and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Province like Prince Edward Island
9. Shade of red in Paris
15. Most which can be attained: 2 wds.
16. British pop singer Ms. Moyet
17. 1918 Puccini opera, Suor __
18. Relay the news
19. Cinch
20. Slender
21. Livelinesses
25. "Take __ 'J' Train" by Duke Ellington and His Famous Orchestra
27. Bitter-__ (Diehard)
28. Is employed: 3 wds.
30. Those de-sudsing
32. Tea or soya milk or Pepsi
33. __ mater
35. Journey's famous lead singer ...his initials-sharers
36. Canadian musician Ms. McKennitt
39. Wager
42. Geraint's wife in Arthurian legend
43. "Key __" (1948)
45. Drafting tool
50. Lot of leaves
52. Circular
53. Priory of __, in "The Da Vinci Code" (2006)
55. Dick Tracy's beloved
56. Captivate, States-style
58. Holy __ ("Dragons' Den" deal-getting cereal)
60. Turkey's capital
61. "I'm so glad I live in a world where there are __." - Anne of Green Gables
66. Transferred, as land
67. Food Labels: Best Before... = __ Avant...
68. Strife
69. Embraces, as a cause

DOWN
1. Kingston Trio lettered song
2. "Dream" by Priscilla __
3. Mr. Philbin, to pals
4. Island: French
5. Some poetic contractions
6. "_ _ _ _" (Visiting-Canada's-largest-city tourist's response to "Where are you?")
7. 'New York Stories' is this Canadian jazz singer/songwriter's latest album: 2 wds.
8. A day's march for troops
9. "Drive" '80s rock band
10. Onze, in Oshawa
11. Matures in the Produce Department
12. Opera, Tristan und __
13. One readying to alphabetize
14. Inputs information
21. High degrees, for short
22. Wild West's Wyatt
23. Greek alphabet letters
24. Diego's partner
26. Defence... CAF = Canadian __ __
29. Alphabetic trio
31. Mr. Somerhalder
34. Floral souvenir
37. Poet's 'over'
38. Fully
39. Type of hillside
40. __ on (Incites)
41. Pumps points
44. River islet
45. Bottom-of-shoes designs
46. 14-line poem
47. __ Oats Company
48. Like an as-yet-to-be-created creation
49. Treasures
51. How breaking stories might develop: 3 wds.
54. "__ in peace."
57. Gnarlies!
59. __ shirt (Preppy top)
62. __-ray player
63. Initials-sharers of Charlie Sheen's famous brother
64. Regret
65. Non-Jr.s

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Think before you speak today, especially to partners and close friends, because you might blurt out something you later regret. Be aware of this. Count to three before you open your mouth.

Taurus April 21 - May 21
Your work routine will be interrupted today. It might be because you feel feisty and independent about something and refuse to do it. Or perhaps high-tech equipment breaks down.

Gemini May 22 - June 21
This is an accident-prone day for your kids, so be vigilant. You also can expect social plans to suddenly change. Everything is up for grabs today!

Cancer June 22 - July 23
Be diplomatic with family members to avoid an argument. However, this is an accident-prone day at home. Small appliances might break down, or minor breakages could occur.

Leo July 24 - Aug. 23
This is a mildly accident-prone day for you. It's also the classic day for you to shoot from the hip and say something that you later wish you did not. Therefore, think before you speak!

Virgo Aug. 24 - Sept. 23
Today you might find money, or you might lose money. Ditto for your possessions. Something about your finances is unpredictable.

Libra Sept. 24 - Oct. 23
Guard against knee-jerk reactions today. Be like the wise carpenter: Measure twice, cut once.

Scorpio Oct. 24 - Nov. 22
You are restless, edgy and nervous today. This might be subconscious or you might be aware of it. Avoid doing anything that is upsetting or nerve-racking.

Sagittarius Nov. 23 - Dec. 21
A younger friend might surprise you today by doing something reckless or by suggesting something unusual. Be careful, because today is a crapshoot!

Capricorn Dec. 22 - Jan. 20
This is not a good day to ask for permission or approval from bosses. In fact, they might say something that upsets you. Don't quit your day job.

Aquarius Jan. 21 - Feb. 19
Travel plans will be changed, cancelled or rescheduled today. Likewise, classes and schedules pertaining to higher education will be unreliable.

Pisces
Feb. 20 - March 20
Stay on top of your banking and money needs, because something unexpected might affect your finances. Checks could bounce. An important bill might be due. Is the posse after you?

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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	3							4
	7		6	9				
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		8	1	7	2	4		
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				5	8		7	
9						2		
	1		3					

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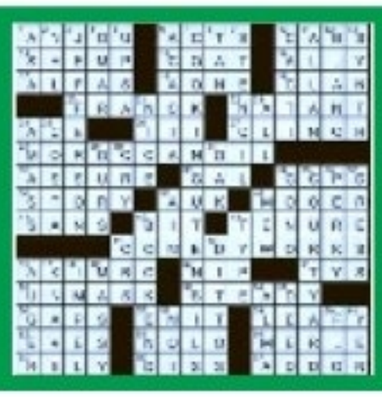

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7	5	4	1	8	9	3	6	2
9	3	1	2	6	4	8	5	7
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